



In case of workplace injury, first notify your supervisor
Call 911 if the injury or illness is an emergency

San Diego Unified School District has arranged for medical care to be provided at the specialized work related injuries/illness occupational medical facilities listed below. No appointment is necessary. Inform the medical facility that you are a SDUSD employee and request that they send medical reports and billing to Sedgwick Claims Management Services.

In the event of a serious injury/illness of an employee: CALL CalOSHA at (619) 767-2280 within 8 hours of the accident.
Serious injury/illness is defined as any injury/illness occurring in a place of employment, or in connection with any employment, which requires inpatient hospitalization for a period in excess of 24 hours for other than medical observation, or in which an employee suffers a loss of any member of body, or suffers any serious degree of permanent disfigurement. Failure to report to CalOSHA may result in a fine of up to \$5,000 to the site.

Providers grouped by county and city, listed in name order.

San Diego, CA

Carlsbad

Farzaneh, Sarlak
Sharp Rees Stealy Medical Group Inc
Occupational Medicine
5810 El Camino Real
Carlsbad, CA 92008
760-929-8269

Purviance, Cynthia A., MD
Concentra Medical Center
Occupational Medicine
5810 El Camino Real
Carlsbad, CA 92008
760-929-8269

Vladmir-Liehr, Michele Eileen, PT
Concentra Medical Center
Occupational Medicine
5810 El Camino Real
Carlsbad, CA 92008
760-929-8269

Chula Vista

Agostinelli, Nicole R., MD
Concentra Medical Center
Occupational Medicine
542 Broadway
Chula Vista, CA 91910
619-425-8212

Head, Kathy L., MD
Sharp Rees Stealy Medical Group Inc
Occupational Medicine
525 3rd Ave
Chula Vista, CA 91910
619-585-4050

Mackey, Thomas J., MD
Concentra Medical Center
Occupational Medicine
542 Broadway
Chula Vista, CA 91910
619-425-8212

Shay Alexander, Tiffany, MD
Sharp Rees Stealy Medical Group Inc
Occupational Medicine
525 3rd Ave
Chula Vista, CA 91910
619-585-4050

Wessell, Leland
Marque Medical Clinic Inc
Occupational Medicine
2315 Otay Lakes Rd
Chula Vista, CA 91915
619-946-4700

Escondido

Amster, Eric D., MD
Concentra Medical Center
Occupational Medicine
860 W Valley Pkwy
Escondido, CA 92025
760-740-0707

La Jolla

Van Hoesen, Karen B., MD
UCSD Medical Center
Occupational Medicine
9300 Campus Point Dr
La Jolla, CA 92037
619-471-9186

Van Hoesen, Karen B., MD
UCSD Medical Center
Occupational Medicine
8910 Villa La Jolla Dr
La Jolla, CA 92037
858-249-6800

La Mesa

Costantini, Leonard
Concentra Medical Center
Occupational Medicine
7862 El Cajon Blvd
La Mesa, CA 91942
619-697-3093

Cruz, Cecilia Y., MD
Concentra Medical Center
Occupational Medicine
7862 El Cajon Blvd
La Mesa, CA 91942
619-697-3093

Davila, Esther, DO
Concentra Medical Center
Occupational Medicine
7862 El Cajon Blvd
La Mesa, CA 91942
619-697-3093

Head, Kathy L., MD
Sharp Rees Stealy Medical Group Inc
Occupational Medicine

(cont)
5525 Grossmont Center Dr
La Mesa, CA 91942
858-499-2711

Wessell, Leland
Marque Medical Clinic Inc
Occupational Medicine
6136 Lake Murray Blvd
La Mesa, CA 91942
877-693-6266

National City

Leibham, Stephen P., MD
Concentra Medical Center
Occupational Medicine
102 Mile of Cars Way
National City, CA 91950
619-474-9211

Phung, Aivi Lyn
Concentra Medical Center
Occupational Medicine
1510 Sweetwater Rd
National City, CA 91950
619-552-2870

Phung, Aivi Lyn
Concentra Medical Center
Occupational Medicine
444 W 8th St
National City, CA 91950
619-474-8666

Oceanside

Afra, Robert, MD
Concentra Medical Center

= Telehealth provider



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Providers grouped by county and city, listed in name order.

<p><i>(cont)</i> <u>Occupational Medicine</u> 3910 Vista Way Oceanside, CA 92056 760-941-2000</p> <p>Farzaneh, Sarlak <u>Sharp Rees Stealy Medical Group Inc</u> <u>Occupational Medicine</u> 3910 Vista Way Oceanside, CA 92056 760-941-2000</p> <p>Phung, Aivi Lyn <u>Concentra Medical Center</u> <u>Occupational Medicine</u> 3156 Vista Way Oceanside, CA 92056 760-681-5222</p>	<p><i>(cont)</i> 10350 Barnes Canyon Rd San Diego, CA 92121 858-455-0200</p> <p>Amadi, Chinyere I., MD <u>Concentra Medical Center</u> <u>Occupational Medicine</u> 5575 Ruffin Rd San Diego, CA 92123 858-277-2744</p> <p>Amador, Ella C., MD <u>Southern California</u> <u>Permanente Medical Group</u> <u>Occupational Medicine</u> 4650 Palm Ave San Diego, CA 92154 833-242-8500</p> <p>Amador, Ella C., MD <u>Southern California</u> <u>Permanente Medical Group</u> <u>Occupational Medicine</u> 6911 Convoy Ct San Diego, CA 92111 833-242-8500</p> <p>Breland, Ganna L., DO <u>Concentra Medical Center</u> <u>Occupational Medicine</u> 10350 Barnes Canyon Rd San Diego, CA 92121 858-455-0200</p> <p>Brown, Kristian L. <u>Concentra Medical Center</u> <u>Occupational Medicine</u> 7590 Miramar Rd San Diego, CA 92126 858-549-4255</p> <p>Bullock, Andrew Colin, DO <u>Concentra Medical Center</u></p>	<p><i>(cont)</i> <u>Occupational Medicine</u> 5333 Mission Center Rd San Diego, CA 92108 619-295-3355</p> <p>Casillas, Miguel A. <u>UCSD Medical Center</u> <u>Occupational Medicine</u> 330 Lewis St San Diego, CA 92103 619-471-9260</p> <p>Casillas, Miguel A. <u>UCSD Medical Center</u> <u>Occupational Medicine</u> 330 Lewis St San Diego, CA 92103 619-471-9260</p> <p>Emdad, Payam, MD <u>Southern California</u> <u>Permanente Medical Group</u> <u>Occupational Medicine</u> 4650 Palm Ave San Diego, CA 92154 833-242-8500</p> <p>Emdad, Payam, MD <u>Southern California</u> <u>Permanente Medical Group</u> <u>Occupational Medicine</u> 6911 Convoy Ct San Diego, CA 92111 833-242-8500</p> <p>Farzaneh, Sarlak <u>Sharp Rees Stealy Medical Group Inc</u> <u>Occupational Medicine</u> 16899 W Bernardo Dr San Diego, CA 92127 858-499-2705</p>	<p>Farzaneh, Sarlak <u>Sharp Rees Stealy Medical Group Inc</u> <u>Occupational Medicine</u> 10350 Barnes Canyon Rd San Diego, CA 92121 858-455-0200</p> <p>Farzaneh, Sarlak <u>Sharp Rees Stealy Medical Group Inc</u> <u>Occupational Medicine</u> 5575 Ruffin Rd San Diego, CA 92123 858-277-2744</p> <p>Farzaneh, Sarlak <u>Sharp Rees Stealy Medical Group Inc</u> <u>Occupational Medicine</u> 7590 Miramar Rd San Diego, CA 92126 858-549-4255</p> <p>Ferrer, Waldo, MD <u>The Permanente Medical Group</u> <u>Occupational Medicine</u> 4650 Palm Ave San Diego, CA 92154 833-242-8500</p> <p>Ferrer, Waldo, MD <u>Southern California</u> <u>Permanente Medical Group</u> <u>Occupational Medicine</u> 6911 Convoy Ct San Diego, CA 92111 833-242-8500</p> <p>Head, Kathy L., MD <u>Sharp Rees Stealy Medical Group Inc</u> <u>Occupational Medicine</u></p>
San Diego			

= Telehealth provider



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Providers grouped by county and city, listed in name order.

(cont)
10243 Genetic Center Dr
San Diego, CA 92121
858-499-2600, 858-499-2704

Head, Kathy L., MD
Sharp Rees Stealy Medical Group Inc
Occupational Medicine
2020 Genesee Ave
San Diego, CA 92123
858-499-2710

Head, Kathy L., MD
Sharp Rees Stealy Medical Group Inc
Occupational Medicine
300 Fir St
San Diego, CA 92101
619-446-1505

Head, Kathy L., MD
Sharp Rees Stealy Medical Group Inc
Occupational Medicine
16899 W Bernardo Dr
San Diego, CA 92127
858-521-2300

Jaya, Dayang Kim M., MD
Southern California Permanente Medical Group
Occupational Medicine
4650 Palm Ave
San Diego, CA 92154
833-242-8500

Jaya, Dayang Kim M., MD
Southern California Permanente Medical Group
Occupational Medicine
6911 Convoy Ct
San Diego, CA 92111

(cont)
833-242-8500
Khatri, Rakhi, MD
Sharp Rees Stealy Medical Group Inc
Occupational Medicine
16899 W Bernardo Dr
San Diego, CA 92127
858-499-2705

Lawler, Timothy Michael
Sharp Rees Stealy Medical Group Inc
Occupational Medicine
2020 Genesee Ave
San Diego, CA 92123
858-499-2710

Logan, Stewart Reese, MD
Concentra Medical Center
Occupational Medicine
5575 Ruffin Rd
San Diego, CA 92123
858-277-2744

Long, Bryan, MD
Concentra Medical Center
Occupational Medicine
5575 Ruffin Rd
San Diego, CA 92123
858-277-2744

Master, Ramona
UCSdical Center
Occupational Medicine
8899 University Center Ln
San Diego, CA 92122
858-657-5000

Mcsweeney, James E., MD
Concentra Medical Center
Occupational Medicine

(cont)
5575 Ruffin Rd
San Diego, CA 92123
858-277-2744
Munday, Stephen W., MD
Sharp Rees Stealy Medical Group Inc
Occupational Medicine
2020 Genesee Ave
San Diego, CA 92123
858-499-2710

Nguyen, Truong D.
Southern California Permanente Medical Group
Occupational Medicine
4650 Palm Ave
San Diego, CA 92154
833-242-8500

Nguyen, Truong D.
Southern California Permanente Medical Group
Occupational Medicine
6911 Convoy Ct
San Diego, CA 92111
833-242-8500

O'Leary, Lindy C., MD
Southern California Permanente Medical Group
Occupational Medicine
4650 Palm Ave
San Diego, CA 92154
833-242-8500

O'Leary, Lindy C., MD
Southern California Permanente Medical Group
Occupational Medicine
6911 Convoy Ct
San Diego, CA 92111

(cont)
833-242-8500
Phung, Aivi Lyn
Concentra Medical Center
Occupational Medicine
5575 Ruffin Rd
San Diego, CA 92123
858-277-2744

Phung, Aivi Lyn
Concentra Medical Center
Occupational Medicine
1620 5th Ave
San Diego, CA 92101
619-810-8822

Phung, Aivi Lyn
Concentra Medical Center
Occupational Medicine
7485 Mission Valley Rd
San Diego, CA 92108
619-900-1330

Power, Robert David, MD
Sharp Rees Stealy Medical Group Inc
Occupational Medicine
300 Fir St
San Diego, CA 92101
619-446-1505

Quinonez, Alfredo Jose
Gaslamp Medical Center
Occupational Medicine
250 Market St
San Diego, CA 92101
619-239-9675

Rios, David, MD
Concentra Medical Center
Occupational Medicine
7590 Miramar Rd

= Telehealth provider



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(cont)
San Diego, CA 92126
858-549-4255

Rios, David, MD
Concentra Medical Center
Occupational Medicine
3930 4th Ave
San Diego, CA 92103
619-297-9610

Russo, Paul
Concentra Medical Center
Occupational Medicine
5575 Ruffin Rd
San Diego, CA 92123
858-277-2744

Sairam, Vithya
Concentra Medical Center
Occupational Medicine
5575 Ruffin Rd
San Diego, CA 92123
858-277-2744

Shih, Jennifer G., MD
Southern California
Permanente Medical Group
Occupational Medicine
6911 Convoy Ct
San Diego, CA 92111
833-242-8500

Shively, Jeannine, PAC
Concentra Medical Center
Occupational Medicine
5575 Ruffin Rd
San Diego, CA 92123
858-277-2744

Vargas, Gary O., MD
Southern California
Permanente Medical Group

(cont)
Occupational Medicine
6911 Convoy Ct
San Diego, CA 92111
833-242-8500

Vargas, Gary O., MD
Southern California
Permanente Medical Group
Occupational Medicine
4650 Palm Ave
San Diego, CA 92154
833-242-8500

Vo, Diem, DO
Southern California
Permanente Medical Group
Occupational Medicine
4650 Palm Ave
San Diego, CA 92154
833-242-8500

Vo, Diem, DO
Southern California
Permanente Medical Group
Occupational Medicine
6911 Convoy Ct
San Diego, CA 92111
833-242-8500

Wang, Thomas W., MD
Southern California
Permanente Medical Group
Occupational Medicine
4650 Palm Ave
San Diego, CA 92154
833-242-8500

Wang, Thomas W., MD
Southern California
Permanente Medical Group
Occupational Medicine
6911 Convoy Ct

(cont)
San Diego, CA 92111
833-242-8500

Wessell, Leland
Marque Medical Clinic Inc
Occupational Medicine
4085 Governor Dr
San Diego, CA 92122
877-693-6266

Youngblood, Valerie L., MD
Concentra Medical Center
Occupational Medicine
10350 Barnes Canyon Rd
San Diego, CA 92121
858-455-0200

San Marcos

Almario, David S., MD
Southern California
Permanente Medical Group
Occupational Medicine
400 Craven Rd
San Marcos, CA 92078
833-242-8500

Amador, Ella C., MD
The Permanente Medical Group
Occupational Medicine
400 Craven Rd
San Marcos, CA 92078
833-242-8500

Bullock, Andrew Colin, DO
Concentra Medical Center
Occupational Medicine
740 Nordahl Rd
San Marcos, CA 92069
760-432-9000

Deguzman, Lester, MD
Concentra Medical Center
Occupational Medicine
740 Nordahl Rd
San Marcos, CA 92069
760-432-9000

Emdad, Payam, MD
Southern California
Permanente Medical Group
Occupational Medicine
400 Craven Rd
San Marcos, CA 92078
833-242-8500

Ferrer, Waldo, MD
Southern California
Permanente Medical Group
Occupational Medicine
400 Craven Rd
San Marcos, CA 92078
833-242-8500

Jaya, Dayang Kim M., MD
Southern California
Permanente Medical Group
Occupational Medicine
400 Craven Rd
San Marcos, CA 92078
833-242-8500

Nguyen, Truong D.
Southern California
Permanente Medical Group
Occupational Medicine
400 Craven Rd
San Marcos, CA 92078
833-242-8500

O'Leary, Lindy C., MD
Southern California
Permanente Medical Group
Occupational Medicine

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(cont)

400 Craven Rd
San Marcos, CA 92078
833-242-8500

Shimmin, Ronald, MD
Lake Medical & Chiropractic Center
Occupational Medicine
1146 San Marino Dr
San Marcos, CA 92078
760-471-2033

Soto, Alejandro
Concentra Medical Center
Occupational Medicine
740 Nordahl Rd
San Marcos, CA 92069
760-432-9000

Vargas, Gary O., MD
The Permanente Medical Group
Occupational Medicine
400 Craven Rd
San Marcos, CA 92078
833-242-8500

Vo, Diem, DO
The Permanente Medical Group
Occupational Medicine
400 Craven Rd
San Marcos, CA 92078
833-242-8500

Wang, Thomas W., MD
Southern California Permanente Medical Group
Occupational Medicine
400 Craven Rd
San Marcos, CA 92078
833-242-8500

Santee

Hoang, Bruce K., DO
Concentra Medical Center
Occupational Medicine
9745 Prospect Ave
Santee, CA 92071
619-448-4841

Vista

Phung, Aivi Lyn
Concentra Medical Center
Occupational Medicine
2365 S Melrose Dr Vista
Vista, CA 92081
760-571-5910

= Telehealth provider